# FAMILY MEDICINE ANNUAL SYMPOSIUM 2019

King Saud Bin Abdul-Aziz University for Health Sciences,  
Ministry of National Guard Health Affairs- WR  
Family Medicine Department-PHC.

**Schedule**  
31st March - 3rd April 2019

* Day One: Sunday (31st March-2019)

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:30 AM</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>8:30 to 9:00 AM</td>
<td>How to Survive Your Journey (From Residency to Retirement)</td>
<td>Dr. Mohammed Al-Rukban Consultant Family Medicine</td>
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<tr>
<td>9:05 to 9:35 AM</td>
<td>Population Health Management Let`s Take the Lead</td>
<td>Dr. Abdullah Khoja Consultant Family Medicine</td>
</tr>
<tr>
<td>9:40 to 10:00 AM</td>
<td>Strategies for Effective Implementation of Preventive Medicine Programs</td>
<td>Dr. Badr Al-Jasir Consultant Community Medicine</td>
</tr>
<tr>
<td>10:00 to 10:15 AM</td>
<td>Coffee Break</td>
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<tr>
<td>10:15 to 10:55 AM</td>
<td>How I Can Get Benefit From Interventional Neuroradiology in My Practice</td>
<td>Dr. Fawaz Al-Shareef Consultant Interventional Neuroradiology</td>
</tr>
<tr>
<td>11:00 to 11:30 AM</td>
<td>Point of Care Ultrasound for Family Physicians</td>
<td>Dr. Ammar Ismael Consultant Emergency</td>
</tr>
<tr>
<td><strong>A Message from a Patient to Family Physicians (10 min)</strong></td>
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<tr>
<td>11:30 to 12:00 PM</td>
<td>Opening Ceremony</td>
<td>Dr. Soher Balkhy Consultant Pediatrics</td>
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<tr>
<td>12:00 to 12:20 PM</td>
<td>Best Practice Approach for Autism</td>
<td>Dr. Hussain Al-Qahtani Consultant Neurology</td>
</tr>
<tr>
<td>12:25 to 12:45 PM</td>
<td>Demyelination in Family Medicine Settings</td>
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</tr>
<tr>
<td><strong>01:00 to 02:00 PM</strong></td>
<td>Lunch Break and Prayer Time</td>
<td></td>
</tr>
<tr>
<td><strong>WORKSHOPS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>02:00-04:00 PM</strong></td>
<td>Balance Medicine Skills</td>
<td>Dr. Rajaa Al-Raddadi Consultant Community Medicine</td>
</tr>
<tr>
<td></td>
<td>Value Based Healthcare in the Context of 2030 Vision</td>
<td>Dr. Abdullah Khoja Consultant Family Medicine</td>
</tr>
<tr>
<td></td>
<td>Management Common Dermatological Disease in PHC</td>
<td>Dr. Mohammed Basendwh Consultant Dermatology</td>
</tr>
<tr>
<td></td>
<td>Skin Prick Testing Techniques (Allergy)</td>
<td>Dr. Loie Gronfollah Consultant Pediatrics Immunology</td>
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</tbody>
</table>
# FAMILY MEDICINE ANNUAL SYMPOSIUM 2019

King Saud Bin Abdul-Aziz University for Health Sciences,  
Ministry of National Guard Health Affairs-WR  
Family Medicine Department-PHC.

## Schedule
31st March - 3rd April 2019

*Day Two: Monday (1st April-2019)*

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
</tr>
</thead>
</table>
| 8:30 to 9:00AM     | Telemedicine & Telehealth in PHC setting                            | Dr. Ashraf Amir  
Consultant Family Medicine                      |
| 9:05 to 9:45 AM    | Subtle ECG Findings You Don’t Want to Miss                          | Dr. Atif Al-Qubbany  
Consultant Cardiology                            |
| 9:50 to 10:20 AM   | Functional Assessment of Geriatric Patients                         | Dr. Nisreen Jastaniah  
Consultant Family Medicine                       |

### 10:20 to 10:35 AM Coffee Break

**Chairperson: Dr. Khulood Al-Siary**

**Pharmacotherapy for Family Physicians**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
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</thead>
</table>
| 10:35 to 10:55 AM  | How to Initiate Medical Treatment on Psychiatric Patients on Extreme of Age | Dr. Ali Zairi  
Consultant Psychiatry                            |
| 11:00 to 11:30 PM  | Leshmaniasis (Practice Essentials)                                    | Dr. Abdulhakeem Al-Thaqafi  
Consultant Infectieuse Diseases                   |
| 11:35 to 12:15PM   | Updates in Antibiotics Best Practice                                  | Dr. Asim Al-Saedi  
Consultant Infectious Diseases                     |
| 12:20 to 12:50 PM  | IV fluids & Medications for Family Physicians                          | Dr. Azza Al-Jabarti  
Consultant Emergency Medicine                       |

### 01:00 to 2:00PM Lunch Break and Prayer Time

**WORKSHOPS**

**Workshops:**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
</tr>
</thead>
</table>
| 02:00-04:00 PM     | 1. Contraceptive Methods                                             | Dr. Fatma Noorwali  
Consultant OB\GYN                                    |
|                    | 2. Gynecological Office Procedure                                    | Dr. Tagreed Shams  
Consultant OB\GYN                                      |
|                    | 3. Pregnancy Related Emergencies                                     | Dr. Reema Badros  
Consultant OB\GYN                                      |
|                    | 4. How you Can Save Life in PHC Setting                              | Dr. Kholoud Babkair  
Consultant Emergency Medicine                           |
|                    | 5. Hot Points on DM Management                                       | Dr. Reem Al-Amoudi  
Consultant Endocrinology                                 |
*Day Three: Tuesday (2nd April-2019)*

**Schedule**

31st March - 3rd April 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
</tr>
</thead>
</table>
| **Chairperson: Dr. Khalid Asiri**
8:30 to 9:00 AM    | Laboratory Medicine Update  
Choosing Wisely in Laboratory Medicine at PHC and Office Laboratory Medicine | Dr. Mohammed AlMohammadi  
Consultant hematology |
| 9:05 to 9:35 AM    | Overcoming Uncertainty in Interpreting Laboratory Test Results  
Dr. Mohammed AlMohammadi  
Consultant hematology |
| 9:40 to 10:10 AM   | Red Flags in Neurology  
Dr. Saeed Al-Ghamdi  
Consultant Neurology |
| 10:15 to 10:45 AM  | To Be Safe During Childhood (Piking Red Flags)  
Dr. Mesbah Al-Shamrani  
Combatant General Pediatric |
| 10:45 to 11:00 AM  | Coffee Break                                                        |
| **Chairperson: Dr. AbdulRahman AlMalki**
11:00 to 11:30 AM  | Detect serious diagnosis in limping child  
Dr. Majed Al-Osaimi  
Consultant Orthopedics |
| 11:35 to 12:05 PM  | GERD: Challenges in diagnosis & management in pediatrics  
Dr. Ashraf AlSahafi  
Consultant GIT Pediatrics |
| 12:10 to 12:40PM   | IHD: Review of EBM Prescriptions Practice  
Dr. Saad Al-Bugami  
Consultant Cardiology |
| **01:00 to 2:00PM**| **Lunch Break and Prayer Time**                                      |
| **WORKSHOPS**      |                                                                     |
|                    | **Workshops:**                                                        |
| 02:00-04:00 PM     | 1. Fracture Management Basic Skills  
Dr. Omar Batouk  
Consultant Orthopedics |
|                    | 2. ENT office procedure  
Dr. Mohammed Al-Garni  
Consultant ENT |
|                    | 3. Smoking cessation  
Dr. Hani Al-Mugati  
Consultant Community Medicine |
|                    | 4. National Guidelines Made easy  
Dr. Areej Al-Owfi  
Consultant Family Medicine  
Dr. Najlaa AlSudairy  
Board Certified Family Medicine  
Dr. Basma Yamani  
Resident Family Medicine  
B. Asthma, HTN, Dyslipidemia. |
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King Saud Bin Abdul-Aziz University for Health Sciences,
Ministry of National Guard Health Affairs-WR
Family Medicine Department-PHC.

Schedule
31st March - 3rd April 2019

* Day Four: Wednesday (3rd April 2019) *

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speakers Name</th>
</tr>
</thead>
</table>
| **Chairperson: Dr. Ahmed AmanAllah**  
Can You Prevent..... |  
8:30 to 9:10 AM  
Risk Assessment & Genetic Counseling in Oncology  
Dr. Ahmad AlShehri  
Consultant Oncology |  
9:10 to 9:50 AM  
What to Screen in Young Adult Cancer Survivor?  
Dr. Ahmed Absi  
Consultant Oncology |  
9:50 to 10:30 AM  
Effect of CBT vs Medical treatment on Different Psychiatric Diseases (latest Studies)  
Dr. Dakhil AlSaedi  
Consultant Psychiatry |

**10:30-10:45 AM Coffee Break**

**Chairperson: Dr. Afrah Babkor**  
Can You Prescribe....

<table>
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<tr>
<th>Time</th>
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</thead>
</table>
| 10:45 to 11:25 AM  
Steroids Prescriptions at PHC  
Dr. Aeshah AlAzmi  
Clinical Pharmacist |  
11:25 to 12:05 PM  
Pain Management Approach in PHC Setting  
Dr. Nabil Al-Mouaalamy  
Consultant Family Medicine |  
12:05 to 12:45PM  
Food Allergy Update: Oral Immunotherapy  
Prof. Emad Koshak  
Consultant immunology |

**12:45-1:45 PM Lunch Break and Prayer Time**

**Closing remark 30 min**

**WORKSHOPS**

| Workshops:          |  
|---------------------|-----------------------------------------------------------------|
| 01:45-03:45 PM      |  
1. Basic Suturing Technique  
Dr. Ali Al-Amoudi  
Consultant Orthopaedic |  
2. Ocular Emergency  
Dr. Hashim Al-Marzouqi  
Consultant Ophthalmology |  
3. Motivational Counseling Techniques  
Dr. Nashwa Bannani  
Consultant Family Medicine |