



FAMILY MEDICINE ANNUAL SYMPOSIUM 2019

*King Saud Bin Abdul-Aziz University for Health Sciences,
Ministry of National Guard Health Affairs-WR
Family Medicine Department-PHC.*



Schedule
31st March - 3rd April 2019

* Day One: Sunday (31st March-2019)

Time	Topic	Speakers Name
8:00-8:30 - AM Registration		
Chairperson: Dr. Fahad AlTayyeb Self-Development		
8:30 to 9:00 AM	How to Survive Your Journey (From Residency to Retirement)	Dr. Mohammed Al-Rukban Consultant Family Medicine
9:05 to 9:35 AM	Population Health Management Let`s Take the Lead	Dr. Abdullah Khoja Consultant Family Medicine
9:40 to 10:00 AM	Strategies for Effective Implementation of Preventive Medicine Programs	Dr. Badr Al-Jasir Consultant Community Medicine
10:00 to 10:15 AM Coffee Break		
Chairperson: Dr. Abdullah AlZahrani Deal With...		
10:15 to 10:55 AM	How I Can Get Benefit From Interventional Neuroradiology in My Practice	Dr. Fawaz Al-Shareef Consultant Interventional Neuroradiology
11:00 to 11:30 AM	Point of Care Ultrasound for Family Physicians	Dr. Ammar Ismael Consultant Emergency
A Message from a Patient to Family Physicians (10 min)		
11:30 to 12:00 PM Opening Ceremony		
12:00 to 12:20 PM	Best Practice Approach for Autism	Dr. Soher Balkhy Consultant Pediatrics
12:25 to 12:45 PM	Demyelination in Family Medicine Settings	Dr. Hussain Al-Qahtani Consultant Neurology
01:00 to 02:00 PM Lunch Break and Prayer Time		
WORKSHOPS		
Workshops: 02:00-04:00 PM	1. Lifestyle Medicine Skills	Dr. Rajaa Al-Raddadi Consultant Community Medicine
	2. Value Based Healthcare in the Context of 2030 Vision	Dr. Abdullah Khoja Consultant Family Medicine
	3. Management Common Dermatological Disease in PHC	Dr. Mohammed Basendwh Consultant Dermatology
	4. Skin Prick Testing Techniques (Allergy)	Dr. Loie Gronfollah Consultant Pediatrics Immunology



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* Day Two: Monday (1st April-2019)

Time	Topic	Speakers Name
Chairperson: Dr. Saad AlGhamdi How You Can Start		
8:30 to 9:00AM	Telemedicine & Telehealth in PHC setting	Dr. Ashraf Amir Consultant Family Medicine
9:05 to 9:45 AM	Subtle ECG Findings You Don't Want to Miss	Dr. Atif Al-Qubbany Consultant Cardiology
9:50 to 10:20 AM	Functional Assessment of Geriatric Patients	Dr. Nisreen Jastaniah Consultant Family Medicine
10:20 to 10:35 AM Coffee Break		
Chairperson: Dr. Khulood Al-Siary Pharmacotherapy for Family Physicians		
10:35 to 10:55 AM	How to Initiate Medical Treatment on Psychiatric Patients on Extreme of Age	Dr. Ali Zairi Consultant Psychiatry
11:00 to 11:30 PM	Leshmaniasis (Practice Essentials)	Dr. Abdulhakeem Al-Thaqafi Consultant Infectieuse Diseases
11:35 to 12:15PM	Updates in Antibiotics Best Practice	Dr. Asim Al-Saedi Consultant Infectious Diseases
12:20 to 12:50 PM	IV fluids & Medications for Family Physicians	Dr. Azza Al-Jabarti Consultant Emergency Medicine
01:00 to 2:00PM Lunch Break and Prayer Time		
WORKSHOPS		
Workshops: 02:00-04:00 PM	1. Contraceptive Methods	Dr. Fatma Noorwali Consultant OB\GYN
	2. Gynecological Office Procedure	Dr. Tagreed Shams Consultant OB\GYN
	3. Pregnancy Related Emergencies	Dr. Reema Badros Consultant OB\GYN
	4. How you Can Save Life in PHC Setting	Dr. Kholoud Babkair Consultant Emergency Medicine
	5. Hot Points on DM Management	Dr. Reem Al-Amoudi Consultant Endocrinology



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Schedule
31st March - 3rd April 2019

* Day Three: Tuesday (2nd April-2019)

Time	Topic	Speakers Name
Chairperson: Dr. Khalid Asiri Laboratory Medicine Update		
8:30 to 9:00 AM	Choosing Wisely in Laboratory Medicine at PHC and Office Laboratory Medicine	Dr. Mohammed AlMohammadi Consultant hematology
9:05 to 9:35 AM	Overcoming Uncertainty in Interpreting Laboratory Test Results	Dr. Mohammed AlMohammadi Consultant hematology
9:40 to 10:10 AM	Red Flags in Neurology	Dr. Saeed Al-Ghamdi Consultant Neurology
10:15 to 10:45 AM	To Be Safe During Childhood (Piking Red Flags)	Dr. Mesbah Al-Shamrani Combatant General Pediatric
10:45 to 11:00 AM Coffee Break		
Chairperson: Dr. AbdulRahman AlMalki Don't Miss this Session		
11:00 to 11:30 AM	Detect serious diagnosis in limping child	Dr. Majed Al-Osaimi Consultant Orthopedics
11:35 to 12:05 PM	GERD: Challenges in diagnosis & management in pediatrics	Dr. Ashraf AlSahafi Consultant GIT Pediatrics
12:10 to 12:40PM	IHD: Review of EBM Prescriptions Practice	Dr. Saad Al-Bugami Consultant Cardiology
01:00 to 2:00PM Lunch Break and Prayer Time		
WORKSHOPS		
Workshops: 02:00-04:00 PM	1. Fracture Management Basic Skills	Dr. Omar Batouk Consultant Orthopedics
	2. ENT office procedure	Dr. Mohammed Al-Garni Consultant ENT
	3. Smoking cessation	Dr. Hani Al-Mugati Consultant Community Medicine
	4. National Guidelines Made easy B. Asthma, HTN, Dyslipidemia.	Dr. Areej Al-Owfi Consultant Family Medicine Dr. Najlaa AlSudairy Board Certified Family Medicine Dr. Basma Yamani Resident Family Medicine



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Schedule
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* Day Four: Wednesday (3rd April 2019)

Time	Topic	Speakers Name
Chairperson: Dr. Ahmed AmanAllah Can You Prevent.....		
8:30 to 9:10 AM	Risk Assessment & Genetic Counseling in Oncology	Dr. Ahmad AlShehri Consultant Oncology
9:10 to 9:50 AM	What to Screen in Young Adult Cancer Survivor?	Dr. Ahmed Absi Consultant Oncology
9:50 to 10:30 AM	Effect of CBT vs Medical treatment on Different Psychiatric Diseases (latest Studies)	Dr. Dakhil AlSaeidi Consultant Psychiatry
10:30-10:45 AM Coffee Break		
Chairperson: Dr. Afrah Babkor Can You Prescribe....		
10:45 to 11:25 AM	Steroids Prescriptions at PHC	Dr. Aeshah AlAzmi Clinical Pharmacist
11:25 to 12:05 PM	Pain Management Approach in PHC Setting	Dr. Nabil Al-Mouaalamy Consultant Family Medicine
12:05 to 12:45PM	Food Allergy Update: Oral Immunotherapy	Prof. Emad Koshak Consultant immunology
12:45-1:45 PM Lunch Break and Prayer Time		
Closing remark 30 min		
WORKSHOPS		
Workshops: 01:45-03:45 PM	1. Basic Suturing Technique	Dr. Ali Al-Amoudi Consultant Orthopaedic
	2. Ocular Emergency	Dr. Hashim Al-Marzouqi Consultant Ophthalmology
	3. Motivational Counseling Techniques	Dr. Nashwa Bannani Consultant Family Medicine